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A biologically active extract from at least one plant selected from the group consisting of Aframomum aulocacarpus, Aframomum danellii, Dracaena arborea, Eupatorium odoratum, Glossocalyx brevipes and Napoleonaea imperialis.

- 2. A biologically active extract according to claim 1, wherein said extract is from *Aframomum aulocacarpus*.
- 3. A biologically active extract according to claim 2, wherein said extract comprises a Labda-8(17),12 diene-15,16-dial compound.
- A biologically active extract according to claim 1, wherein said extract is from
 Aframomum danellii.
 - 5. A biologically active extract according to claim 4, wherein said extract comprises a Labda-8(17),12 diene-15,16-dial compound.
- 25 6. A biologically active extract according to claim 1, wherein said extract is from *Dracaena arborea*.
 - 7. A biologically active extract according to claim 6, wherein said extract comprises Mannispirostan A.

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- 8. A biologically active extract according to claim 1, wherein said extract is from *Eupatorium odoratum*.
- 9. A biologically active extract according to claim 8, wherein said extract35 comprises Sakuranetin.

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- 5 10. A biologically active extract according to claim 1, wherein said extract is from Glossocalyx brevipes.
 - 11. A biologically active extract according to claim 1, wherein said extract is from *Napoleonaea imperialis*.
 - 12. A biologically active extract according to claim 1, wherein said extract is from at least one of roots, stem bark, leaves, fruits or seeds from said plant.
- 13. A method of preparing a biologically active extract from at least one plant selected from the group consisting of *Aframomum aulocacarpus*, *Aframomum danellii*, *Dracaena arborea*, *Eupatorium odoratum*, *Glossocalyx brevipes* and *Napoleonaea imperialis*, the method comprising: pulverizing at least a part of said plant;
- selecting a solvent which dissolves or solubilizes a desired biologically active compound from said plant;
 - combining said solvent and said pulverized plant to extract said desired biologically active compound; and
 - removing said solvent from said extract of said desired biologically active compound.
 - 14. A method according to claim 13, wherein said plant comprises Aframomum aulocacarpus.
- 15. A method according to claim 13, wherein said plant comprises *Aframomum*30 *danellii*.
 - 16. A method according to claim 13, wherein said plant comprises *Dracaena* arborea.
- 35 17. A method according to claim 13, wherein said plant comprises *Eupatorium* odoratum.

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- 18. A method according to claim 13, wherein said plant comprises *Glossocalyx* brevipes.
- 19. A method according to claim 13, wherein said plant comprises *Napoleonaea*10 imperialis.
 - 20. A topical composition composition comprising a biologically active extract from at least one plant selected from the group consisting of *Aframomum aulocacarpus*, *Aframomum danellii*, *Dracaena arborea*, *Eupatorium odoratum*, *Glossocalyx brevipes* and *Napoleonaea imperialis* in a topical carrier.
 - 21. An oral composition comprising a biologically active extract from at least one plant selected from the group consisting of *Aframomum aulocacarpus*, *Aframomum danellii*, *Dracaena arborea*, *Eupatorium odoratum*, *Glossocalyx brevipes* and *Napoleonaea imperialis* in an oral carrier.
- An intravenous composition comprising a biologically active extract from at least one plant selected from the group consisting of *Aframomum aulocacarpus*, *Aframomum danellii*, *Dracaena arborea*, *Eupatorium odoratum*,
 Glossocalyx brevipes and Napoleonaea imperialis in an intravenous carrier.
 - 23. A method of treating a fungal or protozoal disease in a mammal comprising applying a biologically active extract from at least one plant selected from the group consisting of *Aframomum aulocacarpus*, *Aframomum danellii*, *Dracaena arborea*, *Eupatorium odoratum*, *Glossocalyx brevipes* and *Napoleonaea imperialis*.
 - 24. Method according to claim 23, comprising applying a topical composition containing said biologically active extract.
 - 25. Method according to claim 23, comprising ingesting an oral composition

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- 5 containing said biologically active extract.
 - 26. Method according to claim 23, comprising injecting an intravenous composition containing said biologically active extract.
- 10 27. A compound comprising:

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28. A compound comprising:

 $\begin{array}{c} \rm C_{17}H_{18}O_4\\ 286.32\\ 286.120509\\ \rm C~71.3\%~H~6.3\%~O~22.4\% \end{array}$

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5 29. A compound comprising:

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